

SUNBEAM

Blue Peaks Developmental Services Inc.

October 2017

Direct Care Professionals Recognition

The Direct Care Professionals BBQ was held on September 14, 2017 in the BPDS courtyard. There were board members and about 60 staff members who showed up to celebrate. It started out with music and mingling and smoothly transitioned into the certificate ceremony. Quite a few staff members were recognized for their outstanding hard work and dedication. Longevity pins were also given out at this time. Brook Hayden received her 35 year pin and Shirley Witherspoon received her 30 year pin, to name a few. While all of this was happening Michael, Janet and Benjamin were in the back preparing the food. They did an excellent job and everyone savored the flavor. This year's Direct Care Professional of the Year was Wanda Whatley and following close behind as the runner up was Sue Kechter. From everyone here at Blue Peaks Developmental Services Inc. we would like to, once again, thank all of the direct care staff for handling all of their commitments responsibly.

Upstate New York in
the middle of
October.

You can't get more
beautiful than that.

-Paul Reiser

Karie Valdez about to hand out an employee longevity pin.



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October 31st Happy Halloween

Spooky Story AXE Murder Hallow

Susan and Ned were driving through a wooded empty section of highway. Lightning flashed, thunder roared, the sky went dark in the torrential downpour.

"We'd better stop," said Susan.

Ned nodded his head in agreement. He stepped on the brake, and suddenly the car started to slide on the slick pavement. They plunged off the road and slid to a halt at the bottom of an incline.

Pale and shaking, Ned quickly turned to check if Susan was all right. When she nodded, Ned relaxed and looked through the rain soaked windows.

"I'm going to see how bad it is," he told Susan, and when out into the storm. She saw his blurry figure in the headlight, walking around the front of the car. A moment later, he jumped in beside her, soaking wet.

"The car's not badly damaged, but we're wheel-deep in mud," he said. "I'm going to have to go for help."

Susan swallowed nervously. There would be no quick rescue here. He told her to turn off the headlights and lock the doors until he returned.

Axe Murder Hollow. Although Ned hadn't said the name aloud, they both knew what he had been thinking when he told her to lock the car. This was the place where a man had once taken an axe and hacked his wife to death in a jealous rage over an alleged affair. Supposedly, the axe-wielding spirit of the husband continued to haunt this section of the road.

Outside the car, Susan heard a shriek, a loud thump, and a strange gurgling noise. But she couldn't see anything in the darkness.

Frightened, she shrank down into her seat. She sat in silence for a while, and then she noticed another sound. Bump. Bump. Bump. It was a soft sound, like something being blown by the wind.

Suddenly, the car was illuminated by a bright light. An official sounding voice told her to get out of the car. Ned must have found a police officer. Susan unlocked the door and stepped out of the car. As her eyes adjusted to the bright light, she saw it.

Hanging by his feet from the tree next to the car was the dead body of Ned. His bloody throat had been cut so deeply that he was nearly decapitated. The wind swung his corpse back and forth so that it thumped against the tree. Bump. Bump. Bump.

Susan screamed and ran toward the voice and the light. As she drew close, she realized the light was not coming from a flashlight. Standing there was the glowing figure of a man with a smile on his face and a large, solid, and definitely real axe in his hands. She backed away from the glowing figure until she bumped into the car.

"Playing around when my back was turned," the ghost whispered, stroking the sharp blade of the axe with his fingers. "You've been very naughty."

The last thing she saw was the glint of the axe blade in the eerie, incandescent light.

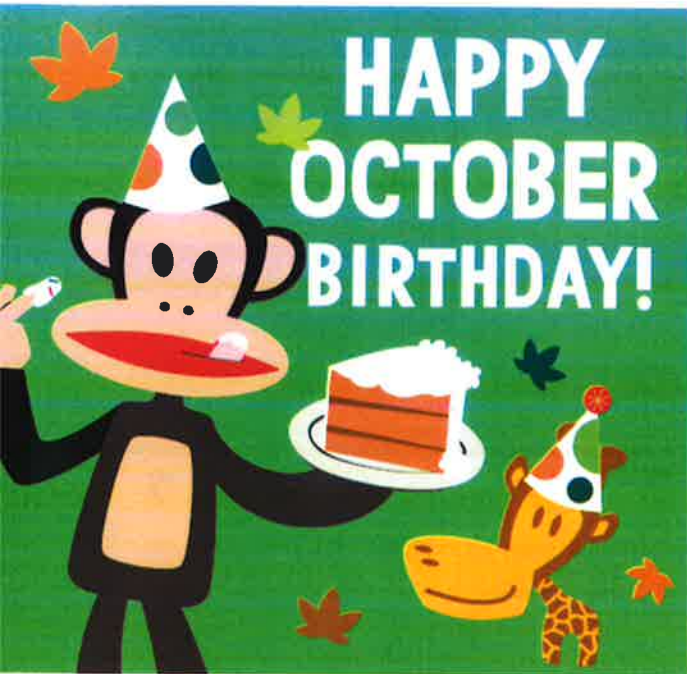
Halloween Facts

- ◆ Did you know that folks used to do more than plea for candy? It was once customary to pre-form dances, songs, and plays.
- ◆ In 2004 a ban was created for Silly String in Hollywood. If your caught with it expect a \$1,000. This ban is only in affect October 31st.
- ◆ In 2014 Illinois, California, Ohio, New York, Pennsylvania, and Michigan produced 1.31 billion pounds of pumpkins.
- ◆ Halloween is big business. It's the second largest commercial holiday in America second only to Christmas.
- ◆ Trunk or treating was introduced in 2000 as an alternative to hitting the pavement. Cars park in a circle at school or church decorated and in costume to hand out candy.

Pomegranate Berry Smoothie

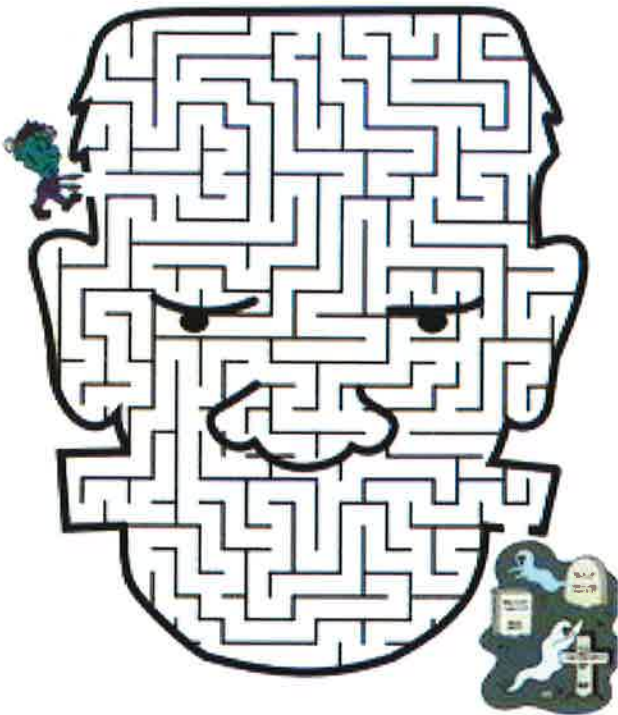
- 1C Fresh raspberries
- 1C Fresh strawberries
- 1C Pomegranate juice
- 1C strawberry yogurt
- 2 Tablespoons honey
- Ice

Blend all ingredients, pour into a glass and enjoy!



Halloween Word Search

C O A I O E I Q A I I I P E U
 S P N Q Q N U J W Y T L G L P
 T N W E I T G N Q S W C E N I
 R L V Y Y T N D O L O L V C W
 E L D R V I R H I N A U L S I
 A D T X L Q G I E D G R G C T
 T G D B B U X E C M N V A P C
 E P O G Q F W M B K J U O M H
 S G F Q A O U G O Z B A M U E
 J I X Y L A V N A N K Y T M S
 I M O L L W E M C Z S K C M J
 D U A P U M P K I N V T F Y C
 O H A Z Y T C O S T U M E K G
 C I L P E O C T O B E R Y R M
 E P P X R S H W R H L J S S E



Fun
 Costume
 Mummy
 October
 Halloween
 Goblin

Trick
 Ghost
 Monster
 Witches
 Pumpkin
 Treat





2017

Sun Mon Tue Wed Thu Fri Sat

1	2 Timesheets due	3 Flu Shots	4	5 Flu Shots	6	7
8	9 PAY DAY!	10	11 Board meeting	12	13	14
15	16 NET Timesheets due	17 NET	18 NET	19 NET	20	21
22	23 NET PAY DAY!	24 NET	25 NET CPR/First Aid	26 NET	27	28
29	30	31 Halloween				